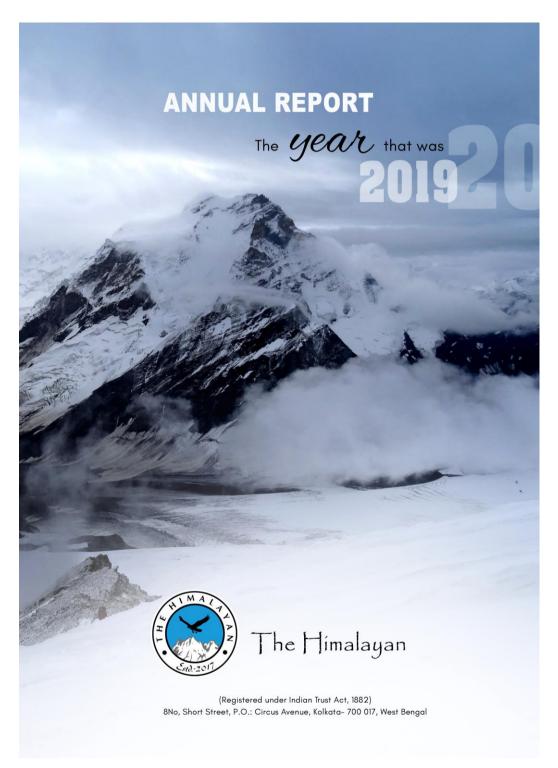
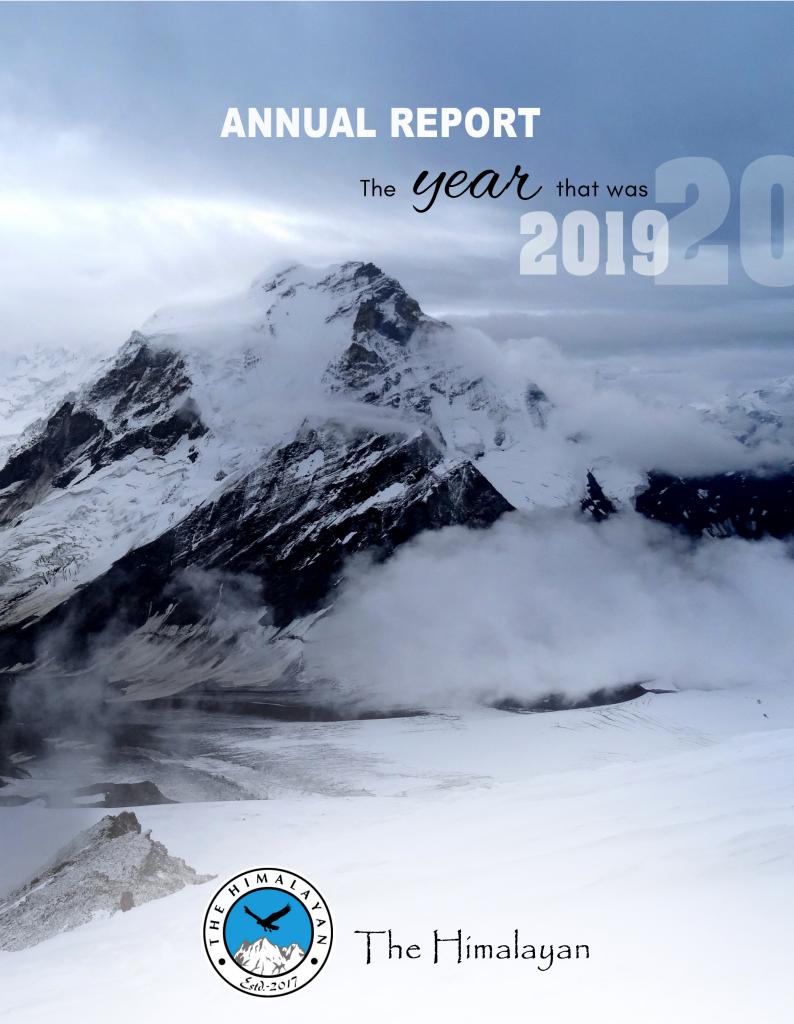
# ASIAN ALPINE E-NEWS

# Issue No 71. July 2020



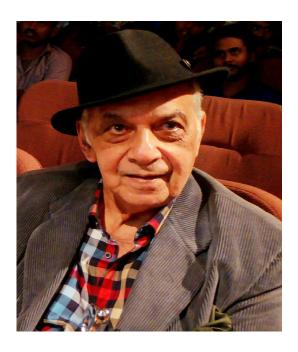


(Registered under Indian Trust Act, 1882) 8No, Short Street, P.O.: Circus Avenue, Kolkata- 700 017, West Bengal

# The that was

Another year full of activity comes to a close. Albeit on a sad note.

Our mentor, advisor and prime mover of The Himalayan, **Meher H Mehta**, passed away on the 27th of February 2020 after suffering from age related illnesses. He was 89. TH President Priyadarshi Gupta's tribute resonates our thoughts:



20 September 1930 - 27 February 2020

It is not often that one comes across a personality whose motivational skills would magnetise young mountain lovers and climbers to dream of achieving Himalayan excellence. He would stimulate the intellectual yearning of the erudite mountain lover, as well as kindle the fertile mind of the incorrigibly romantic young mountaineer.

It was way back in 2004 that I had first met Mr. Meher H Mehta, FRGS (affectionately referred to as MHM by us). I had just returned from a family trek in Sikkim, and was introduced to him by Dr Rupamanjari Biswas. He radiated great aspirations and seemed to be someone who was in the process of turning a moribund Kolkata section of mountain club into an active and dynamic happening place.

I had joined the club out of curiosity and stayed on as its member for many years, learning many things from MHM in the process. MHM could attract the young and old, with his articulate speeches and phenomenal organisational ability. He would burn the mid night oil communicating globally with renowned mountaineers and environmentalists whilst chalking out programs of International standards. Even the Kolkata Newspapers began covering these programs and seminars.

I realised that this tall and straight talking person, one who had worked his way up in the banking industry to the top echelon of ANZ GRINZLAYS Bank (with several years being overseas) in his professional career till his retirement, was someone of immense personal integrity and charisma. Most admired him for these traits as they set him apart from most. He could appear to be condescending at times towards many, but his intention was always for the development of the movement he had started. He was also one not to cower down when his ideas of freedom of self-expression was not looked down upon kindly by many detractors. It caused heart burn in many but he would remain unrelenting due to his unflinching self-beliefs.

MHM was an astute visionary who found ways and means of building his enterprise with infectious support from the likes of the late Russi Mody, late Aditya Kashyap and the late Guenther Wehrman (past Consul General of Germany in Kolkata). He attracted many more who sought to support him without any expectations in return.

On the mountain front, he found acumen and support in the planning and execution of 7,000m peak expeditions in the form of AVM (Retd) Apurba Kumar Bhattacharyya. With the induction of late Pradeep Sahoo (an engineer and dreamy eyed mountaineer) into the management of the local section, he was able to kindle interest in attempting difficult peaks in the Himalaya and the Karakoram, since Pradeep was able to support his fund raising activity. He propagated the ideals of thinking differently and thinking high – of thought and action.

Great climbs were achieved in the bargain – especially on Saser Kangri IV in the Karakoram, Nilkanth peak in the Garhwal, Jongsong peak in the Sikkim Himalaya, amongst so many others. The crown in the jewel was the first ascent of Mt Plateau (7,287m) in the Indian Karakoram by his band of intrepid climbers.

MHM was concerned by environmental degradation and climate change effects on the Himalaya. He pushed us to organize many a seminar on the climate change to bring awareness amongst the people. MHM loved to read and write. He maintained a phenomenal collection of books on the Himalaya or of Himalayan adventure. I had the good fortune of helping him edit several publications on different mountain peaks. He always had an incredible eye for perfection and detail. These publications were well received in the fraternity.



MHM has now moved on and become a part of the twinkling stars that adorn and glitter in the night sky! Yet his inspiration that led to the formation of THE HIMALAYAN in 2017 by a handful of us close to him, would seek to continue the meaningful work initiated by him, for the times to come...A vision that encompasses ventures outdoors and indoors, along with the incorporation of a balanced and incisive dissemination platform for the reporting of Himalayan Activity- Of Climbing, Science, Literature and the yonder.

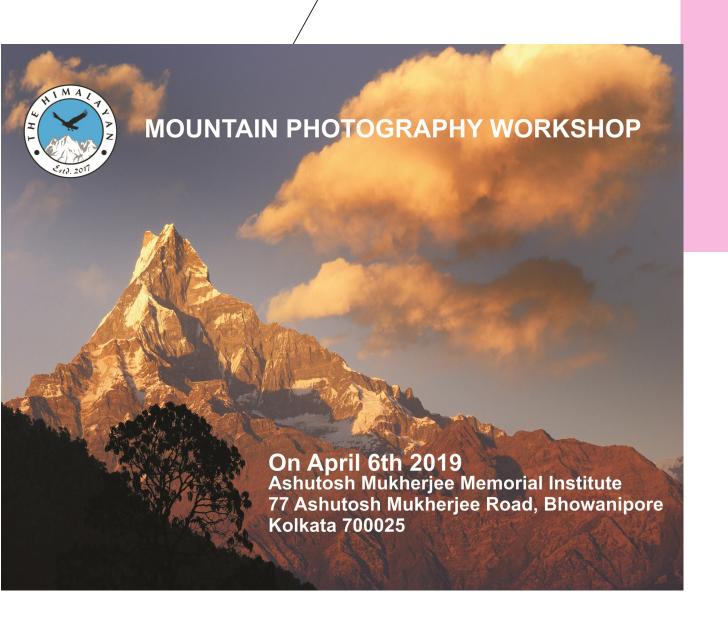
And, if I ever have the good fortune of seeking a shooting star flash by in the nocturnal sky, I would silently wish - Abou Ben Adhem! (May your tribe increase)

For such humans are not born every day!



06 April

2019





A photographer par excellence, traveller, a guide, an author and most important of all – A Himalayan, Mr. Sujoy Das' tips, experiences and anecdotes held the audience captive and their response was eager and agile. Many queries, many discussions and so much information about photography in the mountains were shared with the audience. Thank you.

Anindya Basu from Nikon also shared lot of information about their upcoming product launches. His photographs and guidance to Nikon loving audience brought an added value to the wonderful evening.



Sujoy Das imparting Tips & Tricks



Anindo Basu being felicitated



04 May

2019

FOUNDATION DAY: NATURE ON THE BRINK







The Himalayan's Founder's Day celebrated with zeal and zest. Two stories, one of passion & courage and the other of passion& exploration. Everester Chetna Sahoo and Bird specialist Pitam Chattopadhay. The evening opened with a wonderful talk session by Chetna who is a keen environmentalist too, about her journey to clean River Ganga in project Clean Ganga which was a Tata Steel & Government of India initiative under the leadership of Ms. Bachendri Pal. It was passion and the spirit of wonderful adventure that helped clean River Ganga from Hardwar to Patna. Chetna's words reached out to each one of us to put in our worth to help the cause. She is one of us at The Himalayan so it was a tale of pride for us.



Pitam Chattopadhay,
a bundle of energy, spoke about Birds of
Himalaya and what a presentation it was.
Pitam's expertise about birds and his storytelling
had the audience mesmerized and captivated
for the entire session. Pitam is also an ace
photographer who had been published in
numerous magazines both in Bangla and English.
That the rich Flora and fauna along with
the birds & animals need attention to
be preserved, was repeatedly
brought to us through his talk.





The Himalayan thanks both the speakers for making the Founder's Day celebration one of the most memorable events.



→ 20 July and 12 November

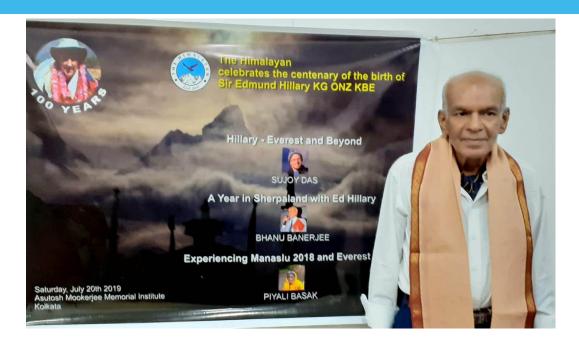
2019

# **EDMUND HILLARY BIRTH CENTENARY**

Two programmes were organized on this ocassion, one on 20th July the birth date of Sir Ed, and one on 12th of November 2019.



We The Himalayans, were mighty proud on 20th July evening to celebrate Sir Edmund Hillary's birth Centenary year with three wonderful illustrated talks by Shri Sujoy Das- The celebrated photographer and keen mountaineer of renown who spoke on 'Hillary-Everest & beyond', Mr. Bhanu Bandyopadhay- well known mountaineer and a Sir Ed's friend & follower, he spoke on- 'A year in Sherpaland with Ed Hillary', and Piyali Basak- climber and mountaineer of renown, spoke on her Manaslu and Everest expedition. That talk could be so mesmerizing and engaging was proved by a packed hall and pin drop silence in the hall as the talks proceeded. The applause and appreciation were so spontaneous that it just won our hearts. Shri Sujoy Das is a prolific speaker who influences his audience with his energy and beautiful speaking photographs. That Ed Hillary was much beyond a mountaineer was constantly highlighted by both Sujoy Das and Mr. Bhanu Bannerjee.



Bhanu Banerjee

It was impossible to capture, in an hour and a half, Mr.Bannerjee's wealth of amusing yet heartwarming events with Sir Ed and information that he remembers by heart. He is a young soul in his eighties, with engaging speaking style of a storyteller which enthralled the audience. Wish we could listen to the book that he aurally wrote yesterday for some more. Kudos Sir!





Times of India report, 20.7.19



Piyali Basak- may look unassuming and very simple but we bow to her mental strength and ominous courage as she summited Manaslu and almost reached Mt. Everest summit without any organised financial aid. A reflection of woman courage. She presented a beautiful video on her expedition and series of amazing photographs with a simple storytelling of her adventure. We wish her many such expeditions and success in future.

Piyali Basak being felicitated

A dinner in honour of Mr. Bhanu Banerjee wrapped up the day's events.

The program and its success just reconfirmed that our goal and mission to protect, engage and raise awareness about our wonderful Himalayan region was on a right path. Our love and vow to leave better world for generations to come is indomitable and ever zestful. We hope to engage more like-minded souls in our effort.

### The 2nd programme was held on the evening of 12th of November 2020 at the Kalamandir basement hall.

A joint program between THE TELEGRAPH and THE HIMALAYAN, we were fortunate to have with us Peter Hillary, mountaineer son of Sir Ed, and James Wilson , friend and close associate of Ed Hillary, as the speakers. Entitled 'Our relationships with Ed Hillary as father and friend , it was a most enjoyable as well as inspiring program and the speakers kept the audience, a full house, spell bound as they reminisced through the life of Sir Edmund Hillary (1919–2008). The event was widely covered by THE TELEGRAPH and ANANDABAZAR PATRIKA as well as the TV channel ABP ANANDA



Peter Hillary and James Wilson at Kalakunj



With the TH Team at Kalakunj



October

2019

TREK: MARDI HIMAL BASE CAMP



We are very happy to present the very first trek under The Himalayan banner, undertaken by our Associates Anirban Banerjee, Srimati Banerjee and their little daughter Tista Banerjee, to the lesser trodden trails of Mardi Himal, in October 2019.



### PC and text by Srimati Banerjee:

"Mardi Himal is a lesser known trek that runs along the ridge just east of the popular Annapurna Sanctuary trek to Mardi Himal Base Camp. From high on the ridge, the trail provides panoramic views of the

Mt.Annapurna South, Mt. Hiunchuli, Mt. Gangapurna, Mt. Machhapuchhre (Fish Tail) and Mardi Himal as well as sweeping vistas of the Himalaya foothills and cities of Ghandruk, Chomrong and Pokhara.

Compared to nearby treks, it is less busy, shorter, and has a more consistent ascent to its maximum elevation of 4,500 m. The trek can be comfortably completed in 5-6 days including transport to and from Pokhara. Most lodges have gas showers





### **OUR ITINERARY WAS-**

Day 1

Kolkata --> Train to Raxaul

Day 2

Reached Raxaul at around 4pm --> Birgunj

(O/N stay)

Day 3

Birgunj --> Pokhara (6-7 hrs)

Day 4

Pokhara--> Kande (trek starts)(1.5 hrs by

car from Pokhara)-->Australian Camp -->

Pothana--> Pitam Deurali (O/N stay)

Day 5

Pitam Deurali --> Forest Camp (O/N Stay)

Day 6

Forest Camp--> Rest Camp--> Low Camp

--> Badal Danda (O/N stay)

Day 7

Badal Danda --> High Camp (O/N stay)

Day 8

High Camp --> View Point--> High Camp

--> Badal Danda (O/N stay)

Day 9

Badal Danda--> Low Camp--> Sidding (Trek

ends)--> Pokhara (2.5 hrs by car)

Day 10

Pokhara

Day 11

Pokhara-->Birgunj

Day 12

Birgunj--. Raxaul--> Train to Kolkata "

and lights provided by solar power, although some have backup generators. Prices are fixed and regulated by a committee so they should be the same for all lodges at a single location.





July 2019 -

February 2020

**SOCIAL INTIATIVES** 



On July 16, 2019, THE HIMALAYAN conducted an awareness camp on First Respose in the case of an accident or other emergencies to young resident children of 'Save the Children Home' at Thakurpukur. Most of these children are tribals from West Bengal districts- Burdwan, Biirbhum, Malda and around Thakurpukur, Kolkata and are studying in schools in the vicinity. Our member Subrata De, mountaineer and a disaster management expert, conducted the camp with much elan. The children were responsive, absorbed the introductory lecture, as was evident from the question they asked, and enjoyed the handson experience immensely. Heat and humidity were forgotten for the next three hours! Some healthcare and food products donated by our member, Debarati Sengupta were handed over to the children.





# August-December

2019





TH reaches out to the people of the hills.

School bags and healthcare products were distributed to school going children from under-priviledged families on the way to Mardi Himal trek in Nepal, in Bangh bustee in Manali (Himachal Pradesh) and in Vattitar. Winter jackets were distributed to old men in Vattitar and men's clothes and warm-wear distributed in the bustee in Manali. Children from a Primary school in Samsing near Vattitar, who are residents of Vattitar, were given school shoes.

A project is underway to clear vegetation along the road that the children travel to reach their school, during the rainy season( June -September). This stretch gets choked with undergrowth and hanging branches and makes travel difficult for the children.









From top left, anti-clockwise: school for underprivileged children been gifted hand washes; clothes for men of Bangh bustee; school bags for children of Bangh bustee in HP and Badal Danra in Nepal.



# 2020 9 February

'The Himalayan' conducted an Anventure Camp at Save the Children Home Thakurpukur, where about 90 students participated. The students assembled in the hall. After a short prayer from the Vedas on comradeship and an introduction to mountaineering/ rock climbing by Debraj Dutta, they were divided into two groups. One group went outdoors to participate in Zip-lining and Slackline traverse. At first, the girls were afraid but eventually got involved and enjoyed the events.

A tent was pitched by our member Somenath Sen and it was a very exciting experience for them. Specially the small children flocked into the tent and sang songs and played indoor games!

Activities were conducted by young mountaineers from Kolkata - Murari Chakraborty, Debjit Ghosh, Avirup Sengupta, Agniva Basu, Suman Mistri, Biswajit Gurey, Shreyoshi Basu and Aditi Roy.



Waltzing the rope



Map Reading

Children were also given a hands-on experience on map-pointing and a knowledge of different kinds of rocks by Geo-Physisist Dr. Ashim Goswami and Geologist Mr. Tapajyoti Pal.



Dr. Birendra Nath Das , a retired teacher of Physics, explained surface tension and properties of light by using simple experimental methods, to the other set of children. The children were most receptive and asked a lot of questions.

Ms. Subharthi Biswas conducted a short workshop on Social Interactions which the children were rather doubtful about in the beginning but warmed up to, eventually! The children participated in all the events in rotation.

The day ended with much enjoyment and broad smiles.

Lunch for the children were sponsored by The Himalayan.



Science is fun!



1 February

2020

ADDA 3 - EVEREST AND THE BATTLE FOR 8000 METRES

The Himalayan -

On the 1st of February 2020, TH held a discussion on the topic 'Everest & the Battle for 8000 metre Peaks'. The Panelists were three young mountaineers from

West Bengal who have either summited (Rudra Prasad Haldar), almost summited (Shyamal Sarkar) or have never tried an 8000m peak but have summitted 5-6000m ones (Tapas Paul). Sujoy Das, who Moderated the discussion, put forward the following points to the Panelists:



Sujoy Das introduces the subject



### **PREPARATIONS**

What is needed to climb an 8000 metre peak? An earlier climb on a 7000 metre or 6500 metre peak? Or is a training course with a mountaineering institute like HMI or NIM enough? Can a non mountaineer also use Sherpa support and climb an 8000 metre peak?



Rudra Prasad Haldar





Shyamal Sarkar

### FINANCING

Climbing an 8000 metre peak is an expensive affair – Everest may cost around \$35,000 or around Rs 24 lacs or thereabouts – the other 8000 metre peaks are less expensive.

How does one arrange funds? Own sources? Sponsorships? Loans? Crowdfunding? Friends and Relatives?

### OXYGEN

This has been a controversial subject for the last few years – the issues to be discussed are—How many bottles of oxygen are needed on summit day – in the case of Everest from the south col to the summit and back? Why do we frequently hear that oxygen was finished especially on the descent and the climber is above 28,000 feet with no oxygen? It seems foreign guiding companies provide more oxygen to their clients than Nepal based companies? There is also the issue of oxygen cylinders being stashed by sherpas on the mountain and then used by some other group.

Comments on all these issues and how to manage the climb with adequate oxygen.

### OVERCROWDING

There are those viral photos showing long lines of climbers again on Everest causing human traffic jams on summit day. Is there any way to beat overcrowding?

Options: choose a weather window when fewer climbers will be on the mountain? Wait for the majority to summit at the end of the season and then make a bid? Or try early in the season if possible before the crowds?

### SHERPAS

In the last few years there has been a lot of controversy about the sherpas – various climbers have alleged that the sherpas abandoned them on summit day; sherpas forced them to go back; sherpas misbehaved with them and so on. Whenever a climber has a problem it seems the sherpas are to blame. What do you see as the role and responsibility of a Sherpa on a guided climb?

### **TURNAROUND TIMES**

Climbs on 8000 metre peaks usually start around midnight and the summit is expected by 7-8 am. We find climbers still going up even at 11 am - 12 noon. By the time they come back it is night-time and the problems begin. So what are reasons for these delays and abnormally long climbs to the summit? Should there be a turnaround time and if so why are turnaround times not followed.

### ALPINE STYLE ATTEMPTS ON 8000m PFAKS?

Can our climbers attempt this? What is needed? Technical skills, physical endurance, and mental makeup?

### **OTHERS**

Anything further not covered above which the speakers would like to discuss.



Tapas Paul

It was an open-hearted, no-holds-barred session and it must be said that the discussion revealed facts that no mountaineer would have otherwise talked about in public. The participation of the audience was remarkable.

The panellists ultimately came up with only one truth...you need to research your trip to the TOP thoroughly before and during the climb.

Question raised by the audience whether Bengal climbers were not good enough to open routes was contradicted by the panellists.

If any alpine style climbing was taken up by Bengal climbers ...yes, there are several of them.



AVM(Retd) Apurba Bhattacharyya wrapped up the discussion by saying that Everest will be there to climb but history will only remember Tenzing and Hillary; the rest is only statistics.





7 March

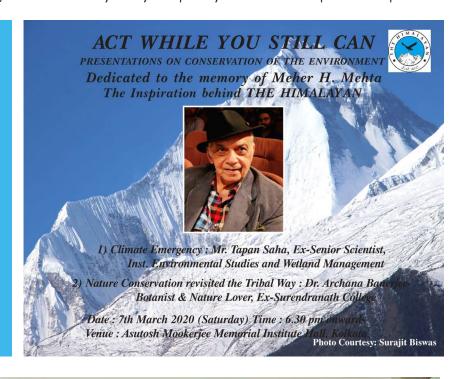
2020

**ACT WHILE YOU STILL CAN** 



A minute's silence was observed in deference to the memory of our mentor Meher H. Mehta. Mr. Priyadarshi Gupta and AVM(retd) A.K.Bhattacharya very eloquently elucidated his prismatic qualities.

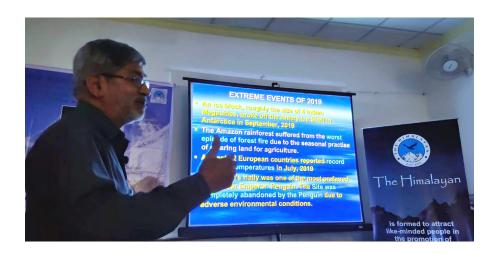
Act While You Still Can, a series of two lectures on Climate Emergency and how we can address it The Tribal Way, was held at the Asutosh Mookerjee Memorial Institute hall on the 7th of March, 2020. The programme was dedicated to the memory of Meher H Mehta, our mentor, whom we lost on 27th of February last...takng his vision for the environment forward.





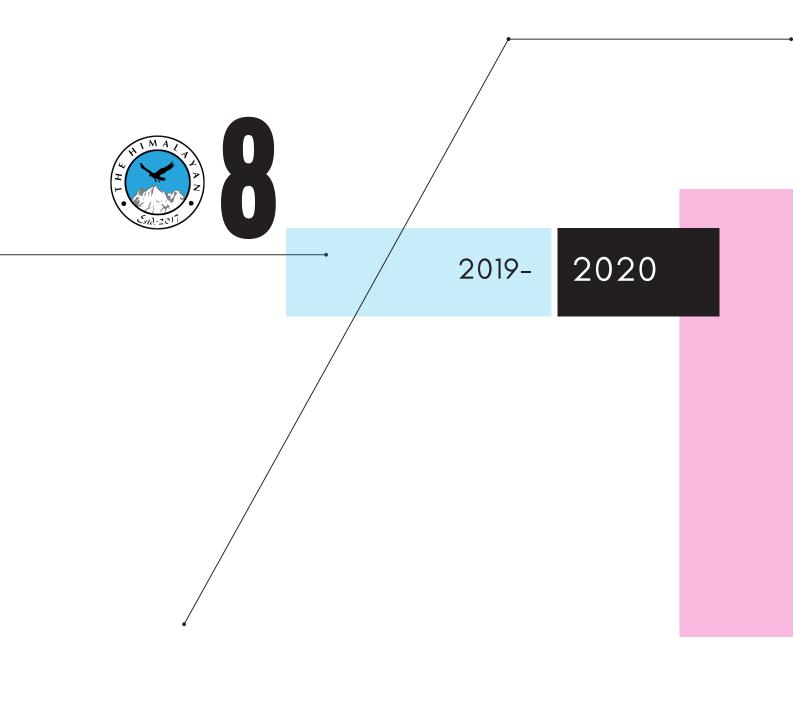


Mr. Tapan Saha, retired Senior Scientist Institute of Environmental Studies and Wetland Management, in his erudite lecture on Climate Emergency, enunciated how the Earth has been taken for granted by the greedy Human race. Hopefully a generation will eventually seriously perceive that 'We do not inherit the Earth from our Ancestors, We borrow it from our Children' and make provisons for their children, where we have failed so disgracefully.



Dr. Archana Banerjee, in her most informative, delightful and discourse-like presentation on "Nature Conservation revisited the Tribal Way", made it clear that, as custodians of the Earth, it is imperative we follow the Tribals' way of life , nurturing Nature being the most significant of tributes that we can offer Her.





**PUBLICATIONS** 



# **NEWSLETTERS**

Two issues were published. It being the birth centenary year of Edmund Hillary both the issues were dedicate to the great personality who was not only a mountaineer but also a friend of the Sherpas and dedicated his life for their betterment.







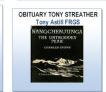


BOOK REVIEW: ED HILLARY A BIOGRAPHY by Michael

Gill









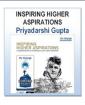
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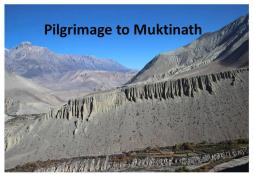
THE HIMALAYAN NEWS 6, MARCH 2020

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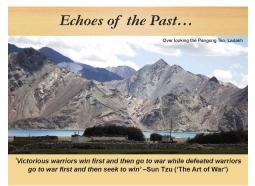
# **STORIES**

Seven articles were published in our 'Stories' section.









## **Birds of the Himalayas**

Stamp Collection by philatelist **Kirity Gupta** 









# 2020 CALENDAR

Further activities of The Himalayan had to come to a stop owing to the deadly COVID 19 pandemic that shattered the lives and livihoods of millions of people around the world. Just as the Universe is not static, so is Human consciousness. Intelligence of the real and virtual kinds are working overtime, finding out ways and means to keep connected socially. In the mean time, let the bad times pass and the good and sane take over.

